

**FOOT WIDTH**  
Measure the widest part as shown with the tape on the right.

**LEFT FOOT**  
Length \_\_\_\_\_ mm  
Width \_\_\_\_\_ mm

**RIGHT FOOT**  
Length \_\_\_\_\_ mm  
Width \_\_\_\_\_ mm

Length mm	Shop Size
101	Shop Size 2
105	Shop size 2
109	Shop size 3
113	Shop size 3
117	Shop size 4
122	Shop size 4
126	Shop size 5
130	Shop size 5
134	Shop size 6
138	Shop size 6
142	Shop size 7
147	Shop size 7
151	Shop size 8
155	Shop size 8
159	Shop size 9
164	Shop size 9
168	Shop size 10
172	Shop size 10
176	Shop size 11
181	Shop size 11
185	Shop size 12
189	Shop size 12
193	Shop size 13
198	Shop size 13
202	Shop size 1
206	Shop size 1
210	Shop size 2
214	Shop size 2
219	Shop size 3
223	Shop size 3
227	Shop size 4
231	Shop size 4
236	Shop size 5
240	Shop size 5
244	Shop size 6
249	Shop size 6
253	Shop size 7
257	Shop size 7
261	Shop size 8.5

**maidenheadpodiatry.co.uk**

**01628 773588**

**info@maidenheadpodiatry.co.uk**

1 Havelock Business Park, Havelock Rd,  
Maidenhead, Berkshire. SL6 5FH.

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